# EMDR in the Treatment of Addictions

presented by

Astrid Katzur

EMDR Institute Trainer

Addiction-focused EMDR interventions are widely used by experienced clinicians in the field with significant benefit in a treatment area, where getting consistent positive outcomes is still challenging. The need to treat co-existing trauma related disorders is even more widely recognised. While research so far has been limited, this workshop will review current addiction focused EMDR interventions and look at ways to effectively combine trauma- and addiction focused EMDR. It is based on the existing research and literature, as well as the presenter’s extensive experience in the field.

The training will cover:

* Case conceptualisation exploring trauma-networks, as well as addiction related memory networks and general strategies for treatment
* Review of EMDR based interventions for addictions, including the Feeling State Addiction Protocol (Dr. Robert Miller), De-Tur (A. Popky), Cravex (Dr. Michael Hase)

* Trauma -related EMDR interventions as they pertain to the treatment of clients with addictions: what, when and how to process

The workshop will illustrate the above topics with case examples, provide worksheets to support working with different protocols, give some opportunity to practice and support clinicians to plan ahead for existing clients to implement the learnings from the workshop.

Pre-requisite is attendance of the Part 1 (WE1) of the Basic EMDR training

**Dates:** Monday & Tuesday, 16th & 17th October 2023

9am-5pm, registration from 8:30am

**Venue:** Te Wahanga Atawhai Mercy Conference Centre, 15 Guildford Terrace, Wellington

**Fee:** $560 (incl. $73.04 GST)

# Registration form

**Please fill out this registration form and email to** [info@astridkatzur.com](mailto:info@astridkatzur.com)

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| **EMDR & Addictions** | **Wellington, 16 & 17 October 2023** |
| **Name** |  |
| **Organisation Name & address** |  |
| **Email** |  |
| **Second Email** |  |
| **Phone** |  |
| **Professional Body & registration number (if applicable)** |  |
| **Part 1 information, if not with A. Katzur**  **Trainer**  **Date** |  |
| **Dietary requirements**  Plant based catering, please let us know if you have any other dietary requirements  Morning/Afternoon Tea & Lunch will be provided |  |
| **Other special needs** |  |

Once you have returned your registration to [info@astridkatzur.com](mailto:info@astridkatzur.com) a confirmation and an invoice will be sent out.

Looking forward to meeting you at the training.

Astrid Katzur

Cl. Psychologist, EMDR Institute Trainer