# EMDR Recent Trauma Episode Protocol (R-TEP)/Group Trauma Episode Protocol (G-TEP) Training

presented by

Astrid Katzur

EMDR Institute Trainer

R-TEP/G-TEP Trainer

EMDR is a complex approach to psychotherapy that accelerates the treatment of a wide range of pathologies and self-esteem issues related to upsetting past traumatic events and present life conditions.

Processing recent traumatic events with the standard EMDR protocol however can be difficult, due to the lack of consolidation of the experience in the memory networks and a high level of acute distress. If larger numbers of people are affected, resources limit the provision of individual treatment.

Among the adaptations of the standard EMDR protocol are the Recent Trauma Episode Protocol, which is aimed at treating individuals, and the Group Trauma Episode Protocol that can facilitate the treatment within a group setting after a traumatic event. Elan Shapiro (Israel) has developed these protocols to address the specific situation of working with victims of recent traumatic events individually and in group settings. He has kindly given his permission to Astrid Katzur to present his training here in New Zealand. There is a growing body of research supporting the use of these protocols, as well as ongoing studies in Germany and other countries working with a range of populations, including in the context of Covid 19.

The protocols in this training have been successfully used in New Zealand with people affected by the Christchurch Mosques attacks, with First responders and in a Debriefing context.

Pre-requisite to attend the training will be Part 1 of the Basic EMDR training.

**Dates:** Monday & Tuesday, 15th and 16th May 2023

9am-5pm, registration from 8:30am

**Venue:** Te Wahanga Atawhai Mercy Conference Centre, 15 Guildford Terrace, Wellington

**Fee:** $560 (incl. $73.04 GST)

# Registration form

**Please fill out this registration form and email to** [info@astridkatzur.com](mailto:info@astridkatzur.com)

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| **R-TEP/G-TEP Training** | **Wellington, 15th – 16th May 2023** |
| **Name** |  |
| **Organisation Name & address** |  |
| **Email** |  |
| **Second Email** |  |
| **Phone** |  |
| **Part 1 training information, if not with A. Katzur**  **Trainer**  **Date** |  |
| **Professional Body & registration number (if applicable)** |  |
| **Dietary requirements**  Plant based catering, please let us know if you have any other dietary requirements  Morning/Afternoon Tea & Lunch will be provided |  |
| **Other special needs** |  |

Once you have returned your registration to [info@astridkatzur.com](mailto:info@astridkatzur.com) a confirmation and an invoice will be sent out.

Looking forward to meeting you at the training,

Astrid Katzur

Cl. Psychologist, EMDR Institute Trainer